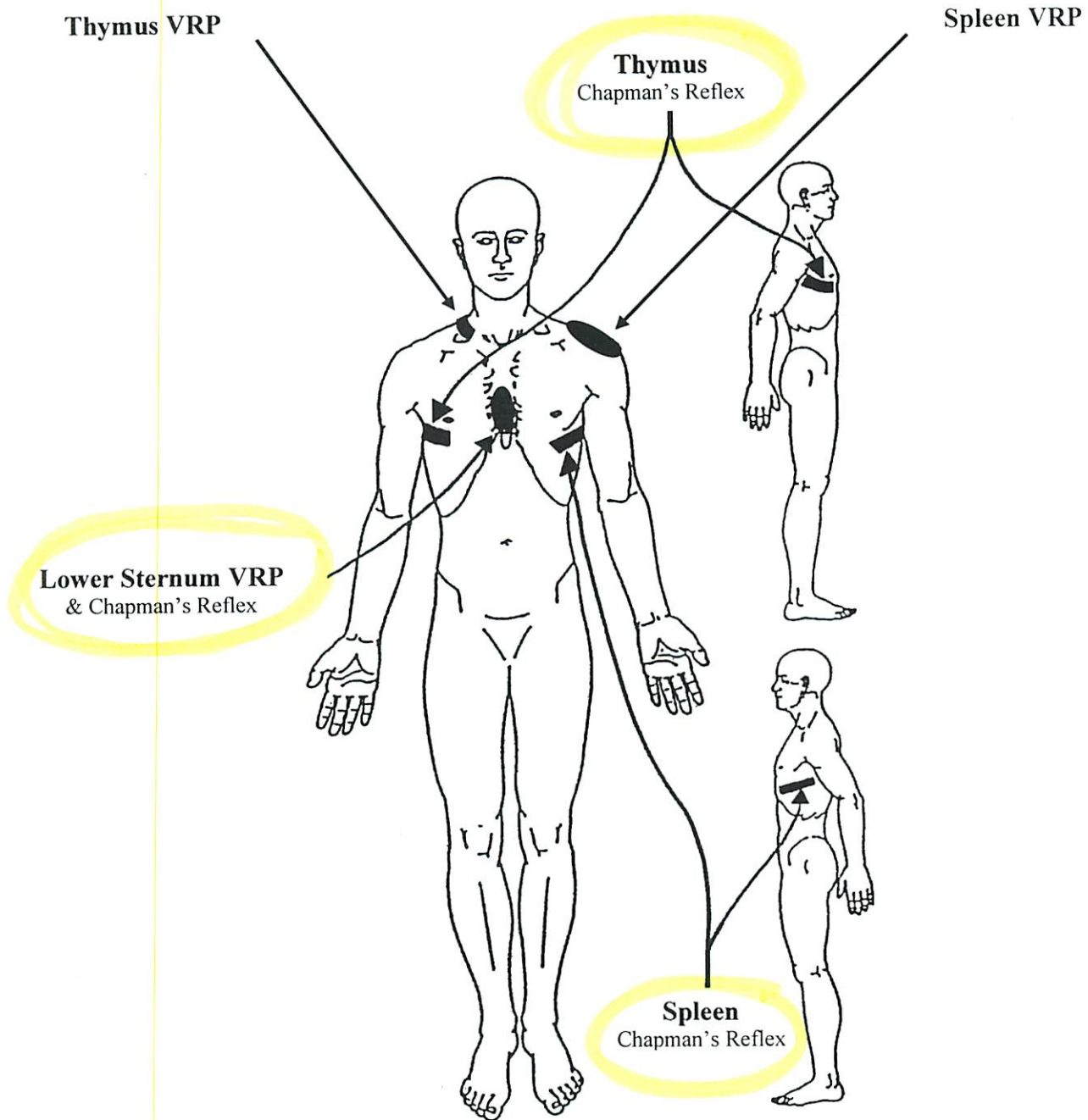


# Immune System CHAPMAN'S REFLEXES & VRPs



**Lower Sternum Chapman's Reflex** is Related to **Chemical Sensitivities** (e.g. Odors, Perfumes, etc.), **Heavy Metals** & Other Environmental Toxins

**Chapman's Reflexes for the Thymus and Spleen** May Be Involved in **Any Immune System Problem** (e.g. Food Allergies, Airborne Allergies, Infections and Autoimmune Diseases)

**In Infection: Rub Thymus and Spleen Chapman's Reflexes** as Frequently as **Once Per Hour** (Rub for **30 to 60 Seconds**)